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TWEET TWEET

Stop tweeting, start enjoying. How to learn
the art of living in the now

Stylist
exclusive

TECHNOLOGY

Gwyneth Paltrow shares her can't-live-without iPad apps

If Gwyneth Paltrow's appearances in *Glee* and on stage at the Grammys are anything to go by, you'd think singing was her biggest sideline. But loyal followers of GOOP (goop.com), her weekly online newsletter divulging lifestyle tips and recommendations from her celebrity friends, would tell you otherwise. Not content with just being a film star, Gwyneth has also launched a chain of gyms and a US TV cookery series in the past three years. Next is her debut cookbook, published in May, in which she shares her recipes (considering she's a woman who invites Beyoncé for tea). But first, we'll see the arrival of her GOOP app next month. We asked Gwyneth to reveal her other must-have apps:

R **REMODELISTA** (REMODELISTA.COM/APP)
"My favourite home resource on the go, it's full of decorating ideas. You can file your favourite looks into your own 'Design File'."

POLLOCK'S TOY THEATRE (POLLOCKS-COVENTYGARDEN.CO.UK)
"From the London-based toy store, it's really, really gorgeous. Kids (or adults) can build their own theatre and make a play."

THE NEW YORKER (NEWYORKER.COM/MAGAZINE/APPS)
"The classic magazine arrives in your app in its entirety every

Monday, plus there are lots of slideshows included."

BRUSHES (BRUSHESAPP.COM)
"Create art anywhere with Brushes for the iPad. This app has been used to create four different *New Yorker* covers and an entire series by David Hockney!"

MARIO BATALI COOKS (MARIOBATALI.COM)
"The best Italian chef has created 63 recipes for his first app, which groups recipes by region."

TED (BLOG.TED.COM)
"It presents talks from the world's most fascinating people - Steve Jobs, Helen Fisher, Paola Antonelli and many more."

FLIPBOARD (FLIPBOARD.COM)
"Condense your news, Facebook and Twitter feeds into one magazine-like layout. A major time saver."

PLANTS VS ZOMBIES (ITUNES.APPLE.COM/US/APP/PLANTS-VS-ZOMBIES)
"I play it almost as much as my kids. You choose from an arsenal of plants and battle against zombies with anything from pumpkins to mushrooms."

FLIGHT UPDATE (ITUNES.APPLE.COM/US/APP/FLIGHT-UPDATE-LIVE-FLIGHT)
"I love being able to track my loved ones' flights and the information here is really is up-to-the-minute."



GWYNETH: ACTRESS, SINGER, CHEF, LIFESTYLE GURU, EVIL GENIUS... MAYBE

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